## Pirate Chatter



2-22-22, Tuesday Dress Up!

2-23-22 and 2-24-22 Wed & Thursday Parent Teacher Conferences Last week we celebrated Counselor Appreciation week and celebrated Mrs. Ihli-Laan. We are very fortunate to have a counselor on staff. She is a valuable resource for our students and staff. Thank you Mrs. Ihli-Laan!

We have an amazing team of support with Mrs. Ihli-Laan and Mrs. Marchbanks. However, we have had one missing link and that is direct counseling support for our students **on** campus.

We are excited to announce a new partnership with Lifeways Counseling group. Lifeways will be providing services ON campus for our students. This has been a personal goal of mine and it's finally coming true! If you are interested in learning more about having direct counseling support for your child, please contact us!

La semana pasada celebramos la semana de Agradecimiento al Consejero y celebramos a la Sra. Ihli-Laan. Somos muy afortunados de tener un consejero en el personal. Ella es un recurso valioso para nuestros estudiantes y personal. ¡Gracias Sra. Ihli-Laan!

Tenemos un increíble equipo de apoyo con la Sra. Ihli-Laan y la Sra. Marchbanks en su papel como Coordinadora de Recursos de las Escuelas Comunitarias. Sin embargo, hemos tenido un eslabón perdido y ese es el apoyo de asesoramiento directo para nuestros estudiantes en el campus.

Nos complace anunciar una nueva asociación con el grupo Lifeways Counseling. Lifeways brindará servicios EN el campus para nuestros estudiantes. ¡Este ha sido un objetivo personal mío y finalmente se está haciendo realidad! Si está interesado en obtener más información sobre cómo tener apoyo de asesoramiento directo para su hijo, ¡contáctenos!

# Welcome to the School Counselor's Corner

#### **CHARACTER TRAIT WORD FOR FEBRUARY: INSPIRATIONAL**

### Inspirational

Influencing others to meet their full potential. GIVE A COMPLIMENT!

Mary Ihli-Laan, Counselor 208-459-7442 <a href="mailto:ihlilaam@notusschools.org">ihlilaam@notusschools.org</a>
Cara Marchbanks, Community Schools Resource Coordinator <a href="mailto:marchbankscara@notusschools.org">marchbankscara@notusschools.org</a>
Karla Bales, LAUNCH Resiliency Advocate 208-739-2530 <a href="mailto:balesk@wicap.org">balesk@wicap.org</a>



→ School starts at 7:50 a.m. - Please do not drop off students before 7:30 a.m.



Remember...

Reading Logs are Due on Mondays! We will be doing a monthly reading log challenge!

Don't forget to sign up for Parent Teacher Conferences. We strive for 100% participation rate!

**Parent Teacher Conferences THIS WEEK:** Wednesday, February 23 & Thursday, February 24

#### February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
7 Totchos Tater Tots, Taco Meat, Cheese Totchos Toppings Peaches	8 Whole Wheat Pancakes Potato Coins Egg Patties Sliced Strawberries	9 Pizza Salad w/Toppings Ranch Dressing Fruit	10 Chicken Fried Steak Mashed Potatoes/Gravy Steamed Carrots Apple Slices	Valentine's Day Facts  Chocolate is the most popular
Cinnamon Buns Milk	Milk	Milk	Whole Grain Roll	Valentine's Day Gift.  Teachers receive the most Valen-
14 Whole Grain Corn Dog Potato Wedges Fresh Veggies Fruit Valentine Cookie Milk	Chicken Noodle Soup Ham and Cheese Sandwich Fresh Veggies Jell-O w/Fruit Cracker Milk	15 Idaho Haystacks Fresh Baby Carrots Sliced Pears Whole Grain Bread Fruit Milk	17 Chicken Nuggets Mashed Potatoes w/Gravy Steamed Broccoli Whole Grain Roll Peaches Milk	tine's Day cards.  It is estimated that a total of 18.2 billion dollars will be spent on gifts and dates for Valentine's Day.  The oldest known Valentine's Day card is on display at the British
PRESIDENTS DAY	22 Little Smokies Mac and Cheese Choice of Veggies Mixed Fruit Milk	Chicken Burrito Refried Beans Fresh Veggies Tortilla Chips Fruit Milk	24 Hot Dog Wrap Potato Wedges Orange Slices Graham Crackers Milk	Museum in London, It dates back to the 1400s. Interesting Valentine's Day Fact: Alexander Graham Bell applied for a patent on the telephone on Val- entine's Day in 1876.

#### What is the Fresh Fruit Vegetable Program?

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to children at eligible elementary schools during the school day. The goal of the FFVP is to introduce children to fresh fruits and vegetables, to include new and different varieties, and to increase overall acceptance and consumption of fresh, unprocessed produce among children. The FFVP also encourages healthier school environments by promoting nutrition education. This year our Notus Students K-6 have been able to try Berries, Blood Oranges, Tangerines, Dragon Fruit, Kiwi, Asian Pears, a variety of local Apples and their favorites: Bananas, Strawberries and Grapes.

Because of the availability of some food items the menu may change without notice.

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Please remember we have resources to support our Pirates! Don't hesitate to reach out to us! Mary Ihli-Laan,

ihlilaam@notusschools.org

Secondary Counselor:

Nate Holm,

holmn@notusschools.org

